## **EMMANUEL NEWS**

Sunday School: 9:00 (Sept-May)

**Divine Service:** Sundays at 9:00 am (Memorial Day through Labor Day)
Sundays at 10:00 am



### From the Pastor's Study

The month of September is National Suicide Prevention Month, but I didn't know that until the middle of the month, so pretend this is last month's article. While I know suicide isn't a topic you'd normally read about in a church newsletter, it's one that can't be ignored.

Consider the following US statistics for 2022:

49,449 people committed suicide,

There were 1.38 million suicide attempts,

Highest number of suicides in US history,

It's the 10<sup>th</sup> leading cause of death in the United States,

Untreated depression is the number one cause for suicide,

80% of suicides are men, despite being only 50% of the population,

Suicide is the second leading cause of death for 10-14 and 20-34 year olds,

The highest rate of suicide is for white men over 85 years old,

Someone dies from suicide every 10 minutes,

Someone attempts suicide every 39 seconds,

I share these statistics with you to show how prevalent suicide is in our nation and the seriousness of the situation. I've conducted funerals for two men, and I know that some of you have been directly affected by the suicide of a loved one.

I bring this up not to depress you. Rather, I chose this topic because it's clear that our world, and our community is full of hurting people, people who think they can't go on with their lives. They may want to stop the pain brought on by sorrow or depression or they may feel like they don't deserve to live. No matter what they're thinking, the truth is that their thinking isn't clear.

### **Continued from page 1**

When you're depressed it's quite easy to think you're all alone, God doesn't love you, or life is hopeless. But let me assure you, this is never the case! Our Lord promises in Deut. 31:8, "It is the Lord who goes before you. He will be with you; He will not leave you or forsake you. Do not fear or be dismayed." and then He promises in Jeremiah 29:11, "For I know the plans I have for you, declares the Lord, plans for wholeness and not for evil, to give you a future and a hope." In these words, God promises you that He will always hear your prayers and give you the comfort you need. It may not always seem that way, but what we think we see and what is really the case are often two different things. You may feel forsaken by God, but it's precisely at that moment that God is with you even more.

For those of you struggling spiritually, emotionally, or physically, please come see me. I am your Pastor and I want you to share with me your pain and sorrow. Come to me and I will give you (or get for you) any assistance you need. Our Lord promises in Psalm 55:22, "Cast your burden on the Lord, and He will sustain you; He will never permit the righteous to be moved" and I'm here to help you give your burden to the Lord. Because of Christ's death and through your baptism you are one of God's righteous children and our Lord will sustain you so that you might achieve His plans for you. On the cross Christ suffered all alone so that nobody else would ever have to, and this is the message I bring you this month. If you're hurting or you know someone who is, share this message with them and encourage them. Remind them that they are not alone, that God is with them, and that the Lord Jesus Christ has already taken their burdens and He will give them the peace which only He can give.

In the days (and weeks, months, years to come), especially as we draw closer to the holidays, I encourage all of you to keep each other in your prayers and to take the time to ask people how they're doing if they appear to be struggling. It also helps to be aware of the signs of suicide (75% of people exhibit some of these signs):

Appearing depressed or sad most of the time,

Talking or writing about death or suicide,

Withdrawing from family and friends,

Feeling hopeless or helpless,

Feeling strong anger, rage or other dramatic mood changes,

Feeling trapped -- like there is no way out of a situation,

Abusing drugs or alcohol,

Exhibiting a change in personality,

Acting impulsively,

Losing interest in most activities,

Experiencing a change in sleeping or eating habits,

Performing poorly at work or in school,

Giving away prized possessions or writing a will,

Feeling excessive guilt or shame,

Acting recklessly.

If you're struggling with suicidal thoughts, you can call or text 988 or visit 988lifeline.org

In Christ,

**Pastor** 

# TRUNK OR TREAT OCTOBER 31ST 5:00 TO 6:30 PM

SIGN UP IN THE FELLOWSHIP HALL
TO DECORATE A CAR OR BRING
COOKIES



### **Stewardship Corner**

Jim Elliot, who was a missionary and a martyr for his faith, gave us this profound statement: "He is no fool who gives what he cannot keep to gain what he cannot lose." Through faith, we understand the truth in this statement. All of our worldly possessions will at some time be taken away from us. We will lose them during our lifetimes, or they will be taken away at death. They cannot be kept forever. However, we have the opportunity to use our material possessions in service to the Lord by giving to those in need and God's Church. What we give through faith will provide spiritual dividends for us as well as for others. As Paul wrote, "[The gifts you sent] are a fragrant offering, an acceptable sacrifice, pleasing to God" (Philippians 4:18). In verse 17, he wrote, "Not that I am looking for a gift, but I am looking for what may be credited to your account." What we do in Christ's name for Him, we cannot lose.



# October 2023

Sun  1 9:00 am Sunday School/Bible Study 10:00 am Worship	Mon 2 7:00 pm Ladies Bible Study	Tue 3 7:00 pm Evangelism Committee Meeting	Wed  4 3:45 pm Confirmation 5:15 pm JIF 7:00pm LYF	Thu 5	Fri  6 7:00 am Men's Bible Study	Sat
8 9:00 am Sunday School/Bible Study 10:00 am Worship	9 7:00 pm Ladies Bible Study	10	11 3:45 pm Confirma- tion 7:00 pm Council Meeting	12 1:30 pm Mary/ Martha Meeting	13 7:00 am Men's Bible Study	14
15 9:00 am Sunday School/Bible Study 10:00 am Worship	16 7:00 pm Ladies Bible Study	17	18 3:45 pm Confirm- Ation 7:00pm LYF	19	20 7:00 am Men's Bible Study	21
9:00 am Sunday School/Bible Study 10:00 am Worship	23 7:00 pm Ladies Bible Study	24	25 3:45 pm Confirmation 7:00 pm DOEs Meeting	26	27 7:00 am Men's Bible Study	22
29 9:00 am Sunday School/Bible Study 10:00 am Worship	30 7:00 pm Ladies Bible Study	31 5:00-6:30 pm Trunk or Treat				

### **Birthdays**

Name	Date	Anniversaries
Bryson Drost	Oct 2	George & Jean Mohrhauser Oct 11 (52 years)
Ashlee Graff Mason Drost	Oct. 3 Oct. 3	Mark & Tami Auen Oct 30 (46 years)
Konnor Snider	Oct. 7	If your birthday or anniversary is not listed, please contact
Dennis Werkmeister Londa Haukap Andrea Ross	Oct. 9 Oct. 9 Oct. 9	the church so our records can be updated.  Serving in God's House
Melissa Wallace Jeff Frank	Oct. 11 Oct. 11	Elders:
Robert Rudd	Oct. 12	October 1: Marlin Johnson (712) 210-0879
Greeley Schlepp	Oct. 12	October 8: Craig Wallace (606) 584-3221
Dane Monahan	Oct. 14	October 15: Dave Woltman (712)660-3532 October 22: Lyle Tegels (712) 830-7151
Korey Drost	Oct. 15	October 22. Lyle Tegels (712) 830-7131 October 29: Marlin Johnson (712) 210-0879
Dale Wiebers	Oct. 17	
Owen Frye	Oct. 17	Acolytes: October 1: Marcy Monahan, Katie Ryan
Jimmy Stock	Oct. 19	October 8: Evan Brockman, Konnor Snider
Tyler Pieken Jonathon Frank Keely Swenson Bennett Swenson	Oct. 20 Oct. 21 Oct. 21 Oct. 21	October 15: Brynn Boeckman, Kylie Rudd October 22: Emmett Hemer October 29: Jacob & Carter Huegerich
Michael Van Meveren	Oct. 22	Counters:
Jan Stock Kayla Kraft	Oct. 23 Oct. 23	October 1: Judy Miller, Faye Rohrbeck October 8: Christina Caton, Amber Hadden, Julie Reaman October 15: Barb & Larry Bundt, Lucas & Kalyn Johnson
Judy Miller Ben Wallace	Oct. 25 Oct. 25	October 22: Judy Miller, Faye Rohrbeck October 29: Christina Caton, Amber Hadden, Julie Reaman
Dave Woltman	Oct. 26	
Roger Peters McKenzi Murra Grace Wallace	Oct. 27 Oct. 27 Oct. 27	Worship Online Facebook.com/LakeViewEmmanuel— Sunday services will
Deb Riedell Jacob Huegerich	Oct. 28 Oct. 28	be shown live and a recording will be available. You do not need a Facebook account to watch videos.
Jo Schmidt	Oct. 30	Visit www.lakeviewemmanuel.com for sermons, newsletters, and other interesting things.

### **Contact Us**

Mailing Address: P.O. Box 260, Lake View, IA 51450 Physical Address: 115 Second Street, Lake View, IA 51450

Church Office: 712-657-3324

Email: lakeviewemmanuel@outlook.com

Online: lakeviewemmanuel.com

Pastor Don Peterson: 657-3056 (home) or 712-830-5017